



THE WORLD COMMUNITY FOR CHRISTIAN MEDITATION - USA  
2021-2022 ANNUAL APPEAL

*Dearest Friend,*

Through the last 20 plus years I have been nurtured by The World Community for Christian Meditation and the practice of Christian Meditation. I have been nurtured by my local WCCM community, by knowing on a particular evening at a particular time each week I will sit in silence with a small group of fellow travelers, sharing our practice, receiving, and giving encouragement, very slowly letting go of the concept of progress, learning/accepting, relearning/reaccepting, what I have been taught: that meditation is a discipline, not a technique.

I have been nurtured both by teachers, such as Joan Chittister, Thomas Keating, Richard Rohr and Laurence Freeman, and by the wisdom sources of our tradition; the writings of the Desert Mothers and Fathers, The Rule of Benedict, the Cloud of Unknowing, the works of John Main, just to name a few. And, I have been nurtured by retreats, classes, conferences, seminars, celebrations, potlucks and gatherings both large and small. For all of this "nurturing" I am grateful both to the organization, WCCM, and to you, my fellow meditators.

WCCM-USA depends on your generosity to "communicate and nurture" the practice of meditation, to carry on the transformative work of John Main and Laurence Freeman. Below are a few of the ways we will do this in the coming year.

As this Appeal is being written, we have undertaken a professionally guided redesign of our website, to position it with the structure and technology that will meet our communication needs as they evolve over the next few years. It will go live before Christmas.

We will use the online skills we have learned from the last year and a half of COVID to expand support for groups, both online and in-person, and for our hardworking group leaders. We will increase our virtual offerings to include the 6-week introductory course, Essential Teaching Weekends, community days, and retreats. We will continue to develop and encourage the teaching of meditation to children.

We will continue our support for: WCCM International and The Bonnevaux Centre for Peace which has provided such a rich menu of online programs to nurture us during these troubled times, The John Main Center at Georgetown University, scholarships, and resources for those in need to participate in WCCM activities.

Our heartfelt gratitude goes out to all our WCCM-USA community for your generosity and participation and for your faithfulness to our "simple but not easy" practice.

Pat King  
Chairman,  
WCCM-USA Executive Committee

May you live this day  
Compassionate of heart,  
Clear in word,

Gracious in awareness,  
Courageous in thought,  
Generous in love.

John O'Donohue